



Sandra "Sandy" "Coach" Rockwell

March 25, 1937 - March 6, 2014

Age 76, passed away on March 6, 2014. She was born to the late Marshall and Virginia Walker on March 25, 1937 in Hurley, NM. Sandra graduated from the University of NM and went on to teach and coach softball, volleyball, and cheerleading at Rio Grande High School for 26 years. Her students affectionately referred to her as "Miss. Rock". Family and friends were Sandra's passion and delight. She enjoyed bowling, trips to Las Vegas, watching football, playing fantasy football, Lobos basketball, planting her flowers in the spring, and doing anything that involved her grandchildren and great-grandchildren. She is survived by her loving husband of 52 years, W. Phillip Rockwell; son, Brad Rockwell and girlfriend, Fran Naro of Park City, UT; Robin Rockwell-Harrison and husband, Jeff of Rio Rancho; grandchildren, Heather Rockwell and boyfriend, Kelly Baber, Jenna Montano and husband, Manny, and Jordon Rockwell and girlfriend, Jenny Pumphrey, all of Albuquerque, and Jade-Rylie Parks of Santa Fe; great-grandchildren, Presley and Madix; Melissa Rockwell, and Marshal Lambert of Albuquerque; and sister-in-laws, Sandra Walker, Julie Walker, and Phyllis Stephens; many cousins, nieces, nephews and special friends. Sandra was preceded in death by her parents; twin sister Karen Wilder; twin brothers Lance and Brian Walker; and brother-in-law, Don Wilder. Sandra's family would like to invite all who loved her to gather for an "open house" celebration of her life on Sunday, March 16, from noon to 3:00 pm at Sandiago's Restaurant, located at the base of the tram. "A limb has fallen from the family tree, grieve not for me,

remember the best times, the laughter, the song, the good life I lived while I was strong." We will miss your smile, the sparkle in your eyes, your laughter, your friendship, your mentorship, your excitement for new things, your support in all we do, but most of all we will miss your unconditional love. "It will be alright. It is what it is." Until we meet again, may God hold you in the palm of His Hands. In lieu of flowers, the family requests that donations be made to the Presbyterian In-Patient Hospice at 8300 Constitution Ave NE, Albuquerque, NM 87110.

Tribute Wall

LC

“My dear friend Sandy - what a blessing you were to all you touched in your life - will so miss our chats at the bowling tournaments over the years - Jimmy & I love you and your family so very much and send our love and prayers to all of you - Love you and will see you again - keep that wonderful smile going my friend - "absolutely"!!!!
Jimmy & Linda Carter

Linda Carter - March 25, 2014 at 11:44 PM

RA

“Condolences and sympathies to the family.
Our thoughts and prayers are with you.
Ron and Peggy (Potter) Allman
Tom Potter
Stan Potter



Ron Allman - March 16, 2014 at 02:14 PM

EP

“Mrs. Rockwell (Coach) but most of all a dedicated Teacher/Friend to all her students. She treated you like family. Her smile lite up a room and seeing her pic now brings me back to those good old days in PE. Always pushing you to give 100% and to never give up. Keep pushing all those former Ravens that you have joined in Heaven. RIP and you will truly be missed.

Elizabeth Paz - March 11, 2014 at 02:06 PM

ML

“ Some of my greatest memories were those that Mrs. Rockwell created in an environment that was warm, understanding, full of life and laughter. You taught us to compete, to be good sports, and to be disciplined. Most of all, your smile was contagious and bred many lasting friendships. You were a tribute to Rio Grande and they just don't make teachers/coaches like that anymore - those who mentor through example. Your example will always be cherished.

Mildred Lovato

Mildred Lovato - March 11, 2014 at 10:54 AM

GH

“ Mrs. Rockwell you were the most kindest compassionate teacher I've ever the pleasure to have in my journey through high school and college . I thank you for always being our ROCK (varsity 6) you will be forever in our hearts . YOU WILL BE A BEAUTIFUL ANGEL IN HEAVEN AS YOU WERE HERE ON EARTH . You will miss and always rembered

ginger hernandez - March 11, 2014 at 08:33 AM

MM

“ Coach Rockwell was a very special person in my life. She never let us settle for less than that of a "True Champion." Her smile could light up an entire Gym or Softball field. The true spirit of an individual that gave Her all to those of Us that were fortunate to play for Her. I Send to the Family Light and Prayers and a Big Thank You for Sharing this Wonderful Being with us all. I will miss You Coach Rockwell. May You Rest in Peace and keep those players on their toes in Heaven.

*Respectfully submitted,
Monique L Murphy*

Monique L. Murphy - March 10, 2014 at 10:37 PM

BR

“ *She was and will always be an amazing person, she would be there and help us when we really needed it. sorry for the families loss my thoughts and prayers always*
Brenda Padilla

Brenda - March 10, 2014 at 08:33 PM

MW

“ *When I think of Sandra's smile, I think of sincerity and kindness. Her optimistic personality always made her a pleasure to be near. Love and Prayers to Phil, Brad, Robin and all the family.*
Marsha Wise

Marsha Wise - March 10, 2014 at 01:13 PM

DM

“ *An amazing coach and overall athlete who believed in her abilities to touch our inner souls when it came to learning. She was a great teacher and mentor for those of us who she sponsored in cheerleading. Thank you Coach Rockwell.*

Diana Martinez-Marr - March 10, 2014 at 12:08 PM

NL

“ Mrs. Rockwell, our cheerleading sponsor, coach, PE teacher and later my friend. Thank you for helping myself and many other young girls find their way unto becoming young women. Thank you for you dedication to our profession.

To the family.....thank you for allowing her to give up time with you to be with us. What a sacrifice! Phil, she told me this past summer that you were her "ROCK"! She loved you so much! She "Sparkled" when she spoke of you!

Too the family..... I'll keep you in prayer that you find comfort and peace as you journey through this difficult time,

Sincerely,

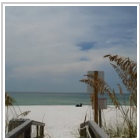
Nancy Lee (Starkey), Physical Education teacher, Anchorage, AK
RGHS. Class of 73'

Nancy Lee - March 09, 2014 at 11:55 PM

C(

“ Coach Rock was and will always be a great woman. We all have special memories of her. Prayers go out to the family, may you all find peace in her passing.

Chana Valencia (Smith) - March 09, 2014 at 07:58 PM



“ god bless Coach Rockwell....I remember her when I was on the softball team....she was a fine coach....

Claudine Gomez - March 09, 2014 at 07:45 PM

MM

“ It was always so much fun being around all of my PE teachers (coaches). Coach Rockwell I have so many memories of the high school playdays around the state, especially Whitesands and Socorro. Rio girls were always champs at these sporting events...basketball and softball! You will be missed!! May the Lord bring your family consolation and peace.

Mary Ida Bourguet Martinez
Class of 1965.



Mary Ida Bourguet Martinez - March 09, 2014 at 04:11 PM

JD

“ Thinking about you and praying for peace and comfort. Love you!
Joyce and Jim

Joyce Dansby - March 09, 2014 at 03:26 PM

 Denise
Saavedra-
Peralta

“ May God Bless you Coach Rockwell! You were an amazing coach --
1983... Deepest Sympathy to her family. May God Bless you all...

Denise Saavedra-Peralta - March 09, 2014 at 01:43 PM

MS

“ A Great Aunt!! We will miss you. May God bless you and Uncle
Phillip, Brad and Robin.

Love you
Mike and Terri Scutt and Kids

Michael Scutt - March 09, 2014 at 12:48 PM

CD

“ I remember coach Rockwell she was a great teacher and mentor she taught with such passion, she loved her students as her own, our loss is heavens gain my prayers and condolences go out to her family, top get children and grandchildren may she be at peace from a student at Rio Grande class of 82 Cecilia J Jaramillo Duran

Cecilia J Jaramillo Duran - March 09, 2014 at 10:53 AM

J1

“ Jana Hood Kelly Class Of 1971 lit a candle in memory of Sandra "Sandy" "Coach" Rockwell



Jana Hood Kelly class of 1971 - March 09, 2014 at 10:13 AM

CV

“ My deepest condolences on the loss of Coach Rock, she was the best Coach ever at Rio Grande High School, she will be greatly missed. We have been losing so many Ravens here lately :-(and here is yet another great one. May God Bless her family and friends. RIP Sandy Rockwell, we love you and your family will surely miss you. You still look the same from High School one beautiful lady.

*Carol Vallez Class of 1982
Rio Grande High School*

Carol Vallez - March 09, 2014 at 09:17 AM

DG

“ On behalf of the FRENCH Family of Companies we express our deepest condolences.

Dante Gutierrez-Zamora - March 08, 2014 at 04:35 PM